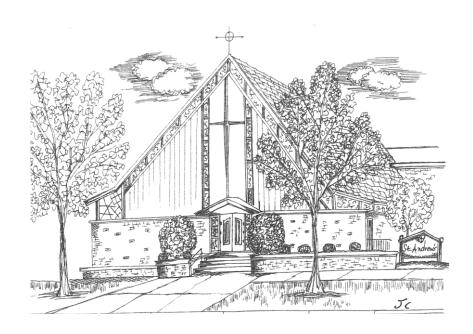
St. Andrew's Episcopal Church

Building God's Kingdom through Worship, Outreach, and Fellowship

Our Vision: Devoted to sharing the transforming power of God's love in our lives, our community, and our world



The Last Sunday after the Epiphany February 19, 2023 10:30 AM Holy Eucharist, Rite II

> 45 Main Street Newport News, VA 23601 757-595-0371 www.standrews-episcopal.org

10:30 A.M. Holy Eucharist - Rite II

Prelude Sweet Hour of Prayer
Chad Lenz, handbells

arr. Victor L. Gumma

Processional Hymn

Songs of thankfulness and praise

Hymnal 135

- 1. Songs of thankfulness and praise, Jesus, Lord, to thee we raise, manifested by the star to the sages from afar; branch of royal David's stem in thy birth at Bethlehem; anthems be to thee addressed, God in man made manifest.
- 2. Manifest at Jordan's stream, Prophet, Priest, and King supreme; and at Cana, wedding-guest, in thy Godhead manifest; manifest in power divine, changing water into wine; anthems be to thee addressed, God in man made manifest.
- 3. Manifest in making whole palsied limbs and fainting soul; manifest in valiant fight, quelling all the devil's might; manifest in gracious will, ever bringing good from ill; anthems be to thee addressed, God in man made manifest.
- 4. Manifest on mountain height, shining in resplendent light, where disciples filled with awe thy transfigured glory saw. When from there thou leddest them steadfast to Jerusalem, cross and Easter Day attest God in man made manifest.

THE WORD OF GOD

Officiant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

All: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Hymn of Praise (Hymn numbers with an "S" are located in the front of the hymnal)

- 1. Glory to God in the highest, and peace to his people on earth.
- 2. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.
- 3. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
- 4. you take away the sin of the world; have mercy on us;
- 5. you are seated at the right hand of the Father; receive our prayer.
- 6. For you alone are the Holy One, you alone are the Lord,
- 7. you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

The Old Testament – Exodus 24:12-18

The LORD said to Moses, "Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction." So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, "Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them." Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

The Word of the Lord.

Response: Thanks be to God.

The Psalm – Psalm 2

- 1 Why are the nations in an uproar? Why do the peoples mutter empty threats?
- Why do the kings of the earth rise up in revolt, and the princes plot together, against the LORD and against his Anointed?
- 3 "Let us break their yoke," they say; "let us cast off their bonds from us."

- 4 He whose throne is in heaven is laughing; the Lord has them in derision.
- 5 Then he speaks to them in his wrath, and his rage fills them with terror.
- 6 "I myself have set my king upon my holy hill of Zion."
- 7 Let me announce the decree of the LORD: he said to me, "You are my Son; this day have I begotten you.
- 8 Ask of me, and I will give you the nations for your inheritance and the ends of the earth for your possession.
- 9 You shall crush them with an iron rod and shatter them like a piece of pottery."
- 10 And now, you kings, be wise; be warned, you rulers of the earth.
- 11 Submit to the LORD with fear, and with trembling bow before him;
- 12 Lest he be angry and you perish; for his wrath is quickly kindled.
- 13 Happy are they all who take refuge in him!

The Epistle – **2 Peter 1:16-21**

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

The Word of the Lord

Response: Thanks be to God.

Sequence Hymn

O wondrous type! O vision fair

Hymnal 137 (vs. 1-3)

- 1. O wondrous type! O vision fair of glory that the Church may share, which Christ upon the mountain shows, where brighter than the sun he glows!
- 2. With Moses and Elijah nigh the incarnate Lord holds converse high; and from the cloud, the Holy One bears record to the only Son.
- 3. With shining face and bright array, Christ deigns to manifest today what glory shall be theirs above who joy in God with perfect love.

The Gospel – Matthew 17:1-9

Response before: Glory to you, Lord Christ.

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, "Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah." While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, "This is my Son, the Beloved; with him I am well pleased; listen to him!" When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, "Get up and do not be afraid." And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, "Tell no one about the vision until after the Son of Man has been raised from the dead."

Response after: *Praise to you, Lord Christ.*

Sequence Hymn

O wondrous type! O vision fair

Hymnal 137 (vs. 4-5)

- 4. And faithful hearts are raised on high by this great vision's mystery; for which in joyful strains we raise the voice of prayer, the hymn of praise.
- 5. O Father, with the eternal Son, and Holy Spirit, ever One, vouchsafe to bring us by thy grace to see thy glory face to face.

The Sermon

The Rev. Anne R. Kirchmier

The Nicene Creed BCP 358

We believe in one God,

the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,

the only Son of God, eternally begotten of the Father,

God from God, Light from light,

true God from true God, begotten, not made,

of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

Leader: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

People: For our families, friends, and neighbors,

and for those who are alone.

Leader: For Joseph, our president; for Glenn, our governor; and for

this community, the nation, and the world.

People: For all who work for justice, freedom, and peace.

Leader: For the just and proper use of your creation;

People: For the victims of hunger, fear, injustice, and oppression.

Leader: For all who are in danger, sorrow, or any kind of trouble;

People: For those who minister to the sick, the friendless,

and the needy.

Leader: For the peace and unity of the Church of God;

People: For all who proclaim the Gospel,

and all who seek the Truth.

Leader: We pray for St. George's and St. Augustine's, our sister

parishes in the Peninsula Ministry Partnership; and in the Anglican Cycle of Prayer, we pray for the Anglican Church in Rwanda. For Michael, our presiding bishop; Susan, our bishop; Anne and Marc, our priests; Carol, John, Phillip, and Travis, our associate clergy; Kathy, our deacon; and parishioner Matt Deller exploring a call to the diaconate;

and for all bishops and other ministers.

People: For all who serve God in his Church.

Leader: We pray for the children, staff, and families of Richneck Elementary School and our partner school, Sedgefield Elementary.

We give thanks for Jamey Bacon, Cabell Sale, Randy Bryant, Diana Skelton, Martha Field, Terry Wolak, and Elizabeth Mayo, celebrating birthdays this week; and we ask for God's blessing upon them.

We pray for all victims of natural disasters, especially the earthquake in Turkey and Syria.

Let us pray for the special needs and concerns of this congregation, especially those we now name, silently or aloud....

Silence. The People may add their own petitions.

Hear us, Lord;

People: For your mercy is great.

Leader: We thank you, Lord, for all the blessings of this life.

Silence. The People may add their own thanksgivings.

We will exalt you, O God our King;

People: And praise your Name for ever and ever.

Leader: We pray for all who have died, especially Arlene Nelson, in whose memory today's altar flowers are given, that they may have a place in your eternal kingdom.

Silence. The People may add their own petitions.

Lord, let your loving-kindness be upon them;

People: Who put their trust in you.

Leader: We pray to you also for the forgiveness of our sins.

Silence

All: Have mercy upon us, most merciful Father;

in your compassion forgive us our sins,

known and unknown,

things done and left undone; and so uphold us by your Spirit

that we may live and serve you in newness of life,

to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Announcements
Offertory Sentence

THE HOLY COMMUNION

Offertory Anthem Gathered In God's Name Michael Burkhardt Chad Lenz, handbells; Lois Reese, flute

The Doxology

Hymnal 380 (vs. 3)

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

Celebrant: The Lord be with you.

People: And also with you. Celebrant: Lift up your hearts.

People: We lift them up to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

Celebrant:

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Sanctus and Benedictus

Hymnal S-129

Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation. Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them

to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with [the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, (with Andrew) and] all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us.

All: Therefore let us keep the feast. Alleluia.

Celebrant: The Gifts of God for the People of God.

Communion stations:

- To receive the common cup or just the wafer, come to the lectern side of the altar rail.
- To receive an intincted wafer, come to the pulpit side of the altar rail.
- · To receive a prepackaged communion kit, come to the foot of the stairs.
- Gluten-free wafers are available at all stations; simply let the priest know if you need one.

 In lieu of communion, you may receive a blessing at any station.

Administration of Communion

Hymns for Choir and Congregation:

Alleluia, give thanks for the risen Lord

Hymnal 178

Refrain: Alleluia, alleluia! Give thanks to the risen Lord.

Alleluia, alleluia! Give Praise to his Name.

- 1. Jesus is Lord of all the earth.

 He is the King of creation. (Refrain)
- 2. Spread the good news o'er all the earth: Jesus has died and has risen. (Refrain)
- 3. We have been crucified with Christ. Now we shall live for ever. (Refrain)
- 4. Come, let us praise the living God, joyfully sing to our Savior. (Refrain)

Shine, Jesus, Shine

Graham Kendrick

Chorus: Shine, Jesus, shine, fill this land with the Father's glory; blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and mercy; send forth your Word, Lord, and let there be light.

- 1. Lord, the light of your love is shining in the midst of the darkness shining;
 Jesus, Light of the World, shine upon us, set us free by the truth you now bring us, shine on me, shine on me. (Chorus)
- 2. Lord, I come to your awesome presence, from the shadows into your radiance; by the blood I may enter your brightness, search me, try me, consume all my darkness, shine on me, shine on me. (Chorus)
- 3. As we gaze on your kingly brightness, so our faces display your likeness.

 Ever changing from glory to glory, mirror'd here may our lives tell your story, shine on me, shine on me. (Chorus)

Alleluia, Jesus is our King Sherrell Prebble, Howard Clark

Chorus: Alleluia, alleluia, opening our hearts to him. Singing alleluia, alleluia, Jesus is our King.

1. Create in us, O God, a humble heart that sets us free, to proclaim the wondrous majesty of our Father in heaven. (Chorus)

- 2. We bear the name of Christ. Justified we meet with him, his words and presence calm our fear, revealing God our Father here. (Chorus)
- 3. Let kindred voices join, honoring the Lamb of God, who teaches us by bread and wine the mystery of his body. (Chorus)
- 4. Pour out your Spirit on us. Empowering us to live as one, to carry Your redeeming love to a world enslaved by sin. (Chorus)

The Postcommunion Prayer

BCP 366

Celebrant: Let us pray.

All: Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

The Blessing

- 1. Alleluia! sing to Jesus! his the scepter, his the throne; Alleluia! his the triumph, his the victory alone; Hark! the songs of peaceful Zion thunder like a mighty flood; Jesus out of every nation hath redeemed us by his blood.
- 2. Alleluia! not as orphans are we left in sorrow now; Alleluia! he is near us, faith believes, nor questions how: though the cloud from sight received him, when the forty days were o'er, shall our hearts forget his promise, "I am with you evermore"?
- 3. Alleluia! bread of Heaven, Thou on earth our food, our stay! Alleluia! here the sinful flee to thee from day to day: Intercessor, friend of sinners, earth's Redeemer, plead for me, where the songs of all the sinless sweep across the crystal sea.
- 4. Alleluia! King eternal, thee the Lord of lords we own:
 Alleluia! born of Mary, earth thy footstool, heaven thy throne:
 thou within the veil hast entered, robed in flesh, our great High Priest:
 thou on earth both Priest and Victim in the eucharistic feast.
- 5. Alleluia! sing to Jesus! his the scepter, his the throne; Alleluia! his the triumph, his the victory alone; Hark! the songs of holy Zion thunder like a mighty flood; Jesus out of every nation hath redeemed us by his blood.

Burying the Alleluias

Dismissal

Response: Thanks be to God.

Voluntary

The flowers are given to the glory of God and in loving memory of Arlene Nelson; in honor of Karen Edquist and Esther Nelson; and in thanksgiving for the healing of Anne's ankle.

Service Participants

The Rev. Anne R. Kirchmier The Rev. Marc Vance The Rev. Katherine T. Gray

Lector/Prayers: Patricia Woodbury, Saint Lee Chalicers: Lindsey Nicolai, Saint Lee

Ushers: Francis Wong, Rob Jones

Acolyte: Lindsey Nicolai

Greeters: Butch and Peggy Woodall Children's Chapel: Kathy Gray, Becki Shamblen

Announcements

Items for Lent -- Lenten Calendars and Mite Boxes

The 2023 Lenten calendars, a gift to the parish from Anne and John, are available from the ushers as you leave church today.

If you would like a mite box for your sacrificial giving during Lent, they are available in St. Nicholas Chapel and in the Main Street lobby. Our collection will go to Episcopal Relief & Development.

This Week at St. Andrew's

Monday, February 20	8:00 AM	Morning Prayer	
Tuesday, February 21	1:00 PM	Crafters	
	5:30 PM	Pancake Supper	
	6:15 PM	"Open Mic"	
	7:00 PM	Vestry	
Wednesday, February 22	7:30 PM	Ash Wednesday Service	
•	8:00 AM	Morning Prayer	
	9:15 AM	Staff Meeting	
	11:00 AM	Ash Wednesday Service	
	5:15 PM	Centering Prayer	
	6:00 PM	Adult Choir	
	7:00 PM	Ash Wednesday Service	
Thursday, February 23	7:30 AM	Centering Prayer	
	10:00 AM	Bible Study	
	1:00 PM	Games Senior Lounge	
Saturday, February 25		Annual Diocesan Council	

Welcome guest musicians

We thank Chad and Lenz and Lois Reese for offering their musical gifts during worship this morning.

Adult Forum

Join us next Sunday, February 26 in the parish hall at 9:15 AM for Part 2 of Seismic Cultural Shift: Where to Go and How to Get There.

Happy birthday this week to Jamey Bacon (19th), Cabell Sale (19th), Randy Bryant (20th), Diana Skelton (20th), Martha Field (22nd), Terry Wolak (22nd), Elizabeth Mayo (25th).

Special this week at St. Andrew's

• St. Andrew's men will serve the Shrove Tuesday Pancake Supper on Tuesday, February 21 from 5:30 to 6:30 PM. The cost is \$5.00 per person or you may bring at least three cans of food per person for the food pantry at THRIVE Peninsula.

- · Seniors are invited to come in Mardi Gras attire and lots of beads to serve as hosts and hostesses for the Pancake Supper. If you would like to be a host or hostess, come first to the Senior Lounge at 5:00 PM.
- **Open Mic on Shrove Tuesday:** If you, your family, or a group would like to "perform" on Shrove Tuesday following the pancake supper, we will have an "Open Mic Talent Show" from 6:15 to 6:45 PM. Please limit your performance time to three minutes. To "book" your performance, please email Kathy Gray (tuppergray@gmail.com), our emcee, today.
- · We will have Ash Wednesday services on February 22 at 7:30 AM, 11:00 AM, and 7:00 PM.

Annual Diocesan Council

Much of this year's Annual Diocesan Council will be conducted online February 21 and 23. Clergy and lay delegates will convene on Saturday, February 25 in Williamsburg. Attending from St. Andrew's are Anne Kirchmier, Marc Vance, Travis Greenman, Carol Chamberlain, Kathy Gray, Allison Clock, Bill Clock, Chris Robinson, and Melissa Sale. Bill Wilds will be a registration volunteer. We appreciate their service representing St. Andrew's.

Funeral for Isabel Steilberg

The funeral for Isabel Steilberg will be next Sunday, February 26, at 1:00 PM. A reception will follow in the parish hall.

Nursery and Children's Chapel

St. Andrew's is blessed, not only that we have been able to resume nursery and Children's Chapel, but that we have a *reason* to resume them (because we have so many wonderful children participating)! If parents find it helpful,

- **nursery** is available in the Ferguson St annex for infants through three years old from 9:00 am to noon each Sunday (which would allow parents to attend the adult forum) and
- Children's Chapel begins in the Ferguson St annex (or playground when temperatures are temperate) for children ages four through 5th

- grade from 10:15 to 11:00 am, when the children return to their families at the Peace during the 10:30 service.
- The late US Rep. and civil rights activist, John Lewis, said, "If you're going to get into trouble, make sure it's *good* trouble." Likewise, if we are going to have problems, let's make sure they are *good* problems! The Children's Chapel has a consistent number of children attending, but with a relatively wide age-range. We are working on having two groups for Children's Chapel meet in different locations, the younger ones remaining in the Ferguson St. annex and the older ones gathering in the children's library across from the parish hall. That is a *good* problem to have, but we *really* need further volunteers to serve no more than one Sunday a month in leadership and/or assisting positions. Please consider how important it is that our young ones are nurtured in the faith and how you might be part of a *good* solution to a *good* problem! If you can help, let Marc know.

Confession: The Reconciliation of a Penitent

The Reconciliation of a Penitent, more commonly known as "Confession," is the sacramental rite in which a parishioner meets privately with a priest to confess specific sins and receive absolution. Our Episcopal understanding of this rite can be summed up in the adage: *All may; some should; none must.* In other words, no one is required to make a private confession, but for some folks the practice is extremely healing and helpful. Reconciliation of a Penitent is available at all times but is especially appropriate in Lent. If you would like to include this rite in your Lenten observations, please let Anne or Marc know.

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